



ST ANTHONY

15 Indianola Rd. Des Moines, IA 50315

515.244.4709 | www.stanthonydsm.org

May 17, 2026 | 17 de Mayo del 2026

MASS SCHEDULE

Weekday Mass

Mon - Sat | 8:30am

Wed | 6:00pm

Tues & Thurs | 6:00pm- Spanish

Weekend Mass

Sat | 4:00pm- Vigil

Sun | 7:00am, 10:00am, 11:30am- English

Sun | 8:30am, 1:00pm- Spanish

Confession

Sat | 9:00am

Tues & Thurs | 5:00- 5:50pm

Also available by appointment

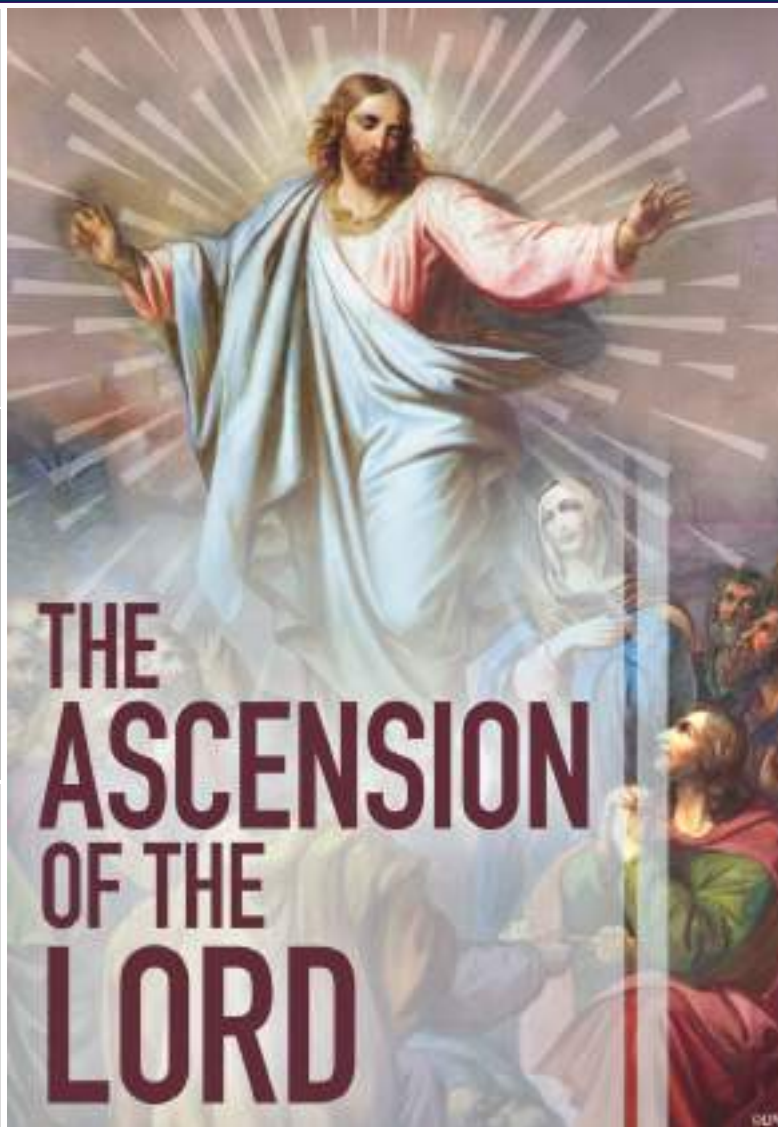
Eucharistic Adoration

Mon - Fri | 9:00am-6:00pm

Located in the Adoration Chapel

Caring for the Sick or Confined

Please contact the Parish Office to receive Holy Communion, Anointing of the Sick, or simply a visit at the place of care. We depend on family and parishioners to inform us when someone is hospitalized or homebound.

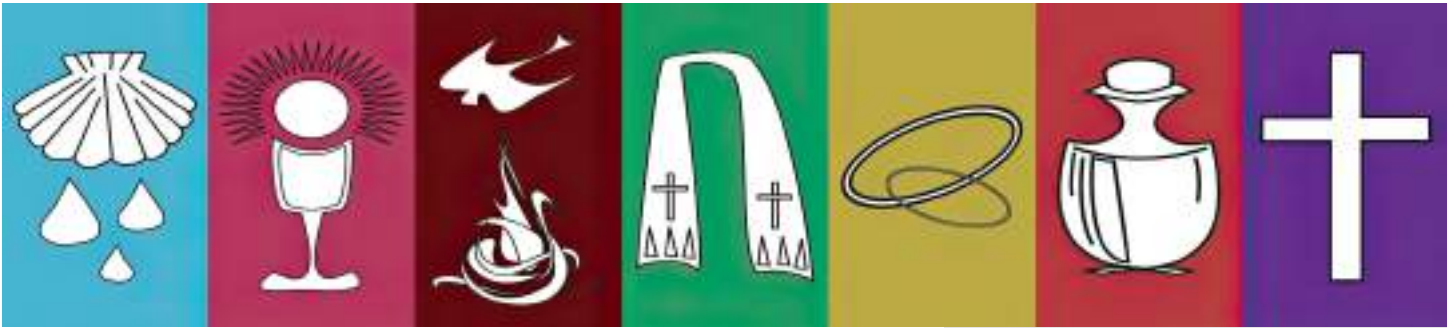


Welcome | Bienvenidos!

If you would like to join the parish or if you are not Catholic and would like to learn about the Catholic faith, please call the Parish Office or visit our website.

515-244-4709 | www.stanthonydsm.org

Si desea inscribirse a la parroquia o si usted no es Católico y le gustaría aprender acerca de la fe Católica, por favor llame a la Oficina Parroquial o visite nuestro sitio web.



**Parish Prayer Basket
Canasta de Oración Parroquial**

**Mass Intentions
Intenciones**

We have a **Parish Prayer Basket** at the back of the church. Next to the basket are cards that you can write names of the sick and the deceased members of our families and place them in the Prayer Basket. At weekend Masses, the basket will be brought forward during the Offertory and placed at the foot of the altar, entrusting every intention to the Lord. During the week, the basket will be in the Adoration Chapel so others can pray for your intentions. As one family in Christ, we lift and care for each other, and one of the greatest gifts we can give is the gift of prayer.

- Saturday, May 16**
8:30am | + Maria Eva Covarrubias
4:00pm | + Mariann Ranchino & Jim Hunt
- Sunday, May 17**
7:00am | + John, Eileen, Fr. Jack Reich, Cheryl Grindle
8:30am | + Abel Lara y Familia
10:00am | Knights of Columbus
11:30am | + Deceased Members of Joseph Nicolino Family
1:00pm | +
- Monday, May 18**
8:30am | +
- Tuesday, May 19**
8:30am | +
6:00pm | +
- Wednesday, May 20**
8:30am | Immaculate & Sorrowful Heart of Mary
6:00pm | +
- Thursday, May 21**
8:30am | +
6:00pm | +
- Friday, May 22**
8:30am | +
- Saturday, May 23**
8:30am | Candace Johnson Birthday
4:00pm | + Michael Guthrie
- Next Sunday, May 24**
7:00am | +
8:30am | + Abel Lara y Familia
10:00am | + George & Mary Lamotta
11:30am | + Jim & Joyce Calder
1:00pm | + Accion de gracias por su graduacion Estefani Alvarado, Miguel Candelario y James Moreno

*Tenemos una **Canasta de Oración Parroquial** en la parte trasera de la iglesia. Junto a la canasta se encuentran tarjetas en las que podrán escribir los nombres de sus enfermos y difuntos y colocarlas en la Canasta de Oración. En las Misas del fin de semana, la canasta se llevará al frente durante el Ofertorio y se colocará al pie del altar, confiando cada intención al Señor. Durante la semana, la canasta estará en la Capilla de Adoración para que otros puedan rezar por sus intenciones. Como una familia en Cristo, nos levantamos y cuidamos unos a otros, y uno de los mayores regalos que podemos dar es el regalo de la oración.*





Today is the 7th and the last Sunday of Easter Season. The feast of “The Ascension of the Lord” that we celebrate today. “The Ascension of the Lord” is a special event in the life of Jesus and an important feast in the Church.

We do watch games and sports, and we often witness that when a team or a player wins, soon after the match is over, the key players of the winning team or the winning player is joyfully lifted up high by their supporters. It was the same with Jesus – Resurrection was his victory over sin and death – and immensely filled with joy, God the Father lifted him up to heaven in His arms – and this we call Ascension. Now that Jesus awaits us in heaven, his Ascension is the hope of our glorification and a guarantee to meet him in heaven. Moreover, Ascension is a setting stage for Pentecost – for a new heart, a new spirit & a new power of faith, a feast we will be celebrating next Sunday.

In the Scripture Readings of today, we hear that immediately before his Ascension, Jesus entrusted his mission to his disciples. Today’s Gospel is taken from the conclusion of the Gospel of Matthew. The ending of Matthew’s Gospel can be understood as the beginning of the Church. Jesus commissions his disciples to continue to teach in his name and to bring others into the community of disciples through baptism. The Gospel ends, as it had begun, with the promise that Jesus will continue to be Emmanuel, "God with us", for all eternity.

From the day of Ascension onward the physical presence of Christ becomes sacramental, so that Christ can always be with us in the signs which we call Sacraments – Baptism, Eucharist, Reconciliation, Confirmation, Matrimony, Holy Orders and the Anointing of the Sick. In these Sacraments we are allowed to experience the presence of Christ while we are still on earth.

The ascension, in other words, takes Jesus away from us, but only so that he can be present with us in a new way. Ascension brings joy to our hearts. Because it reminds us of Jesus’ power, His promise, and His presence among us.

Fr. Jomi Joseph



Hoy celebramos el Séptimo y último Domingo del Tiempo de Pascua: la fiesta de la Ascensión del Señor. La Ascensión del Señor es un acontecimiento muy especial en la vida de Jesús y una fiesta muy importante para la Iglesia.

Muchas veces vemos juegos y deportes, y somos testigos de cómo, cuando un equipo o un jugador gana, al terminar el partido los jugadores principales del equipo vencedor son levantados con alegría por sus seguidores. Así sucedió también con Jesús. La Resurrección fue su victoria sobre el pecado y la muerte, y lleno de inmensa alegría, Dios Padre lo elevó al cielo en Sus brazos; y a esto le llamamos la Ascensión. Ahora que Jesús nos espera en el cielo, su Ascensión es la esperanza de nuestra glorificación y la garantía de que un día estaremos con Él en el cielo. Además, la Ascensión prepara el camino para Pentecostés: para un corazón nuevo, un espíritu nuevo y una nueva fuerza en la fe, fiesta que celebraremos el próximo domingo.

En las lecturas de hoy escuchamos que, justo antes de su Ascensión, Jesús confió su misión a sus discípulos. El Evangelio de hoy está tomado de la conclusión del Evangelio según San Mateo. El final del Evangelio de Mateo puede entenderse como el comienzo de la Iglesia. Jesús encarga a sus discípulos continuar enseñando en su nombre y llevar a otros a la comunidad de discípulos por medio del bautismo. El Evangelio termina, así como comenzó, con la promesa de que Jesús seguirá siendo Emmanuel, “Dios con nosotros”, por toda la eternidad.

Desde el día de la Ascensión en adelante, la presencia física de Cristo se vuelve sacramental, para que Él pueda permanecer siempre con nosotros a través de los signos que llamamos Sacramentos: Bautismo, Eucaristía, Reconciliación, Confirmación, Matrimonio, Orden Sacerdotal y Unción de los Enfermos. En estos Sacramentos podemos experimentar la presencia de Cristo mientras todavía vivimos en esta tierra.

La Ascensión, en otras palabras, aleja a Jesús de nosotros físicamente, pero solamente para que pueda estar presente con nosotros de una manera nueva. La Ascensión llena de alegría nuestros corazones, porque nos recuerda el poder de Jesús, su promesa y su presencia entre nosotros.

P. Jomi Joseph



The ADA provides more than 1/3 of the funding needed to support the parishes in the Diocese of Des Moines. Your gift makes a difference!



Scan the QR code or visit
DMDIOCESE.ORG/GIVING



La ADA provee más de 1/3 del financiamiento necesario para apoyar a las parroquias en la Diócesis de Des Moines.
¡Tu donación hace la diferencia!



Escanea el código QR o visita
DMDIOCESE.ORG/GIVING

The Annual Diocesan Appeal (ADA) is underway throughout the Diocese of Des Moines. Through the ADA we support the ministries and services in our Diocese which directly benefit us and our parish.

Every gift, of all sizes, is vital to the success of our Appeal this year. The ADA helps us welcome people into communion, prepare disciples for the domestic church, draw our young people deeper into their faith and cultivate a culture of servant leadership.

Last year we had 300 households participate in the ADA, this year we have a goal of 600 households to achieve our financial assessment (or goal) of \$176,000 dollars.

A contribution of any size sustains nineteen different diocesan ministries and programs that provide support and resources to parishes.

Please use the QR code found on the back of the pew, or commitment cards located also in the pews to give your gift to the Diocese.

St. Anthony needs your help in meeting our parish's ADA goal and sustaining the Catholic Church in southwest Iowa. Please remember, once we meet our goal of \$176,000 our parish will receive any additional gifts back for our local needs.

We ask that every one of our parishioners (and friends) pray for the success of the 2026 Appeal and consider making a gift.

Each prayer and every gift, of any amount, is vital to the success of the Appeal. Thank you for your generosity and kindness!

La Campaña Diocesana Anual (ADA) ya está en marcha en toda la Diócesis de Des Moines. A través de la ADA apoyamos los ministerios y servicios de nuestra diócesis que nos benefician directamente a nosotros y a nuestra parroquia.

Cada donativo, sin importar su tamaño, es esencial para el éxito de esta campaña. La ADA nos ayuda a acoger a las personas en la comunión, formar discípulos para la iglesia doméstica, guiar a nuestros jóvenes a profundizar en su fe y fomentar una cultura de liderazgo al servicio de los demás.

El año pasado participaron 300 familias en la ADA; este año tenemos la meta de 600 familias para alcanzar nuestro objetivo financiero de \$176,000.

Una contribución de cualquier cantidad apoya diecinueve ministerios y programas diocesanos que brindan apoyo y recursos a las parroquias.

Por favor, utilice el código QR que se encuentra en la parte posterior de la banca o las tarjetas de compromiso ubicadas también en las bancas para hacer su donativo a la diócesis.

St. Anthony necesita su ayuda para alcanzar la meta parroquial de la ADA y sostener a la Iglesia Católica en el suroeste de Iowa. Recuerde que, una vez que alcancemos nuestra meta de \$176,000, nuestra parroquia recibirá cualquier donación adicional para cubrir nuestras necesidades locales.

Pedimos a todos nuestros feligreses (y amigos) que oren por el éxito de la campaña 2026 y consideren hacer una contribución.

Cada oración y cada donativo, de cualquier cantidad, es fundamental para el éxito de la campaña. ¡Gracias por su generosidad y bondad!

"ADORERS NEEDED"

Are you seeking deeper spiritual connection with Jesus? Spend time in Eucharistic Adoration. Our parish needs additional Individuals to silently pray and meditate before the consecrated host exposed in a monstrance. It is helpful if you could commit to the same time each week.

What Adorers Do:

- Pray & Contemplate: Spend quiet time in prayer, reading scripture, or simply being in God's presence.
- Maintain Silence: Keep the chapel quiet and reverent, turning off phones and avoiding chatter.
- Show Respect: Act with reverence, genuflecting when entering/leaving.

Why Adore the Eucharist?

- To deepen your relationship with Jesus.
- To experience the calming, refreshing presence of Christ.
- To offer prayer for the Church, the world, and personal needs.

So, if you're looking for a profound prayer experience, make a New Year's resolution to come and adore Jesus in the Eucharist. For more information contact the Parish Office.

Holy Communion to a Loved One

To request a Homebound Minister to bring Communion to your loved one please email **Deacon Frank Lopez** at Flopez@dmdiocese.org or call the Parish Office 515-244-4709.

Sagrada Communion a un Ser Querido

Para solicitar que un Ministro lleve la communion a su ser amado favor de mandar correo electronico al **Diacono Frank Lopez** a Flopez@dmdiocese.org o llame a la Oficina Parroquial.



Altar & Rosary Monthly Mass will be **June 7th at 10:00am.**

The Mass Intention will be for All Living & Deceased Members of the Altar & Rosary Society.

Meeting every **First Thursday** of the Month
6:15pm-8:00pm
@Lower Church

Online Rosary Committee



We are looking for volunteers to lead the online Rosary. We have been praying as a community for over three years and would love to have you join us. Training is available if necessary.

For more details contact Michelle Bastian or Candace Johnson. Contact information is in the bulletin.

***Pre-Baptismal Class
Platica Pre-Bautismal***



To register please contact the Parish Office. Para registrarse favor de llamar a la Oficina Parroquial. 515-244-4709.

LET'S CELEBRATE

Fr. Jomi's BIRTHDAY!

Join us as we celebrate and show our appreciation for Fr. Jomi on his special day!

SUNDAY MAY 24

2:00 PM

PARISH HALL

WE WILL BE HAVING A **POTLUCK LUNCH**

All are welcome to bring what you would like to share with the parish.

ANY QUESTIONS? PLEASE CALL THE PARISH OFFICE **515-244-4709**

CelebrateLife!!!

"God alone is the Lord of life from its beginning until its end. No one can under any circumstance claim for himself the right directly to destroy an innocent human being."

Donum Vitae

We Need **VOLUNTEERS!**

PARISH GROUNDS **Clean Up Day**

Many hands make light work! Join us as we work together to beautify our parish grounds and keep our church a place we are proud of.

SATURDAY MAY 23 | 8:00 AM

To Register PLEASE CALL THE PARISH OFFICE **515-244-4709**

THE BELOVED 1974 ST. ANTHONY PARISH COOKBOOK IS BACK!

A treasured piece of St. Anthony history has returned! Reprinted and ready to bring the flavors of tradition back to your kitchen.

Saint Anthony's ITALIAN COOKBOOK (1974 Edition)



- Price: \$30
- Proceeds Benefit: St. Anthony Alumni
- Payment Options: Cash or Check (made out to St. Anthony Alumni)

Contact the Parish Office to get your copy before they are gone!

¡Celebremos la Vida!!!

“Dios solo es el Señor de la vida desde su comienzo hasta su fin. Nadie bajo ninguna circunstancia puede atribuirse el derecho de eliminar directamente a un ser humano inocente.”

Donum Vitae

CELEBREMOS EL
Cumpleaños del Padre Jomi
¡ESTÁ INVITADO!

Acompáñenos a celebrar y a mostrar nuestro aprecio al Padre Jomi en su día especial.

DOMINGO 24 DE MAYO

2:00 PM

SALÓN PARROQUIAL

TENDREMOS UNA FIESTA DE TRAJE

Todos son bienvenidos a traer lo que deseen compartir con la parroquia.

¿TIENE ALGUNA PREGUNTA? FAVOR DE LLAMAR A LA OFICINA PARROQUIAL
515-244-4709

¡Guarda la fecha!

Taller: Mujeres de la Biblia

¿Te gustaría conocer más acerca de las mujeres en el Antiguo y Nuevo Testamento?

Acompáñanos en este hermoso estudio!

sesiones:

- Mayo 23
- Mayo 30

Horario: 9:30 AM - 11:30 AM

Lugar: Iglesia St. Anthony

¡Te esperamos!

¡Necesitamos VOLUNTARIOS!

DÍA DE LIMPIEZA DE LOS TERRENOS de Nuestra Parroquia

¡Muchas manos hacen un trabajo ligero! Únase a nosotros mientras trabajamos juntos para embellecer los terrenos de nuestra parroquia y mantener nuestra iglesia como un lugar del que todos nos sentimos orgullosos.

SÁBADO 23 DE MAYO | 8:00 AM

Para registrarse
POR FAVOR LLAME A LA OFICINA PARROQUIAL
515-244-4709



ENROLLMENT NOW OPEN!

Preschool 3-year-olds through 8th Grade for the 2026-2027 school year!

For more information or just to schedule a tour please go to the school website or call the school office.

Scan the QR code or call today!

In Need of Substitute Teachers

- Anyone with **60 or more college credits** may get sub authorization
- Looking for anyone 18 years or older to **substitute classroom associates** to help assist teachers.
- If interested in the substitute position, please send a resume to jkinney@stanthonydsm.org

JOB OPENINGS IN THE DIOCESE

Featured Job Opportunities: St. Anthony

St. Anthony is the only Catholic school in the diocese with *Spanish-immersion and dual-language programs*, creating a vibrant, diverse place to work in the heart of Des Moines. Positions include:

- Middle School Language Arts Teacher
- Middle School Science Teacher
- 3rd Grade Teacher
- Interventionist

If you or someone you know is interested, please contact: Denise Mulcahy (dmulcahy@dmdiocese.org).

To view all open positions across all 16 schools in our diocese, please visit: dmdiocese.org/careers.

INTERESTED IN WORKING FOR CATHOLIC SCHOOLS?



SEE OPEN POSITIONS
SCAN HERE



Events & Ministries

MINISTRIES

ALTAR & ROSARY SOCIETY

First Thursday of the month
6:15pm

GRUPO DE ORACIÓN

Viernes, excepto el 1^{er} Viernes
7:00pm

KNIGHTS OF COLUMBUS

Second Tuesday of the month
7:00pm

MEN'S PRAYER GROUP

Every Thursday
7:00pm

RESPECT LIFE MINISTRY

First Tuesday of the month
6:00pm

SAINT VINCENT DE PAUL

Second Monday of the month
6:30pm



The Des Moines Community of the Fraternity of Communion and Liberation

will offer a gathering on **Saturday June 6**. The first part will be there sessions from 11:00AM to 3:30PM at the Diocesan Pastoral Center, Mass with the Cathedral parish at 4:00PM, then a classical piano concert at the Cathedral at 7:00PM. This is a day for anyone who takes their life seriously and hungers for something more. For our planning purposes, please tell us if you can come. It is free and open to all. For more information go to

www.thedesmoinesmeeting.com

ADORACIÓN AL SANTÍSIMO

1^{er} Viernes del mes
7pm en la parroquia

ADORATION

Monday-Friday
9:00am-6:00pm

Adoration Chapel

ROSARY

Monday-Saturday
5:30pm

Sunday | 3:00pm

Join us in the Church
or online

CONFESSIONS

Saturday | 9am

Tues & Thurs
5-5:50pm

Or by appointment,
call the parish office



Rachel's Vineyard Weekend Retreat

Do you suffer in silence after having had an abortion?

"I invite those who have doubts to experience this retreat...I encourage you to do it! You will never regret it. You will leave renewed, transformed and healed, like we did." -Jenny

Are you experiencing...

- Depression? Nightmares?
- Anxiety or panic attacks?
- Intense Pain, Sadness, Anger?
- Feelings of Shame and Guilt?
- Eating Disorders or Drug Abuse?

You can find healing, forgiveness and freedom. There are many men and women who understand what you are going through. There is confidential, compassionate, and professional help available to you.

You are not alone.

The next retreat near Omaha will be:
August 21-23, 2026

Call: Sonja 531-215-3608
www.rachelsvineyard.org
 email: vinedo.rachel.omaha@gmail.com

CLERGY/CLERO



FR. MICHAEL AMADEO
Pastor
framadeo@stanthonydsm.org
Day off Monday
Lunes Dia de Descanso



FR. LITTO THOMAS
Parochial Vicar
lthomas@stanthonydsm.org
Day off Monday
Lunes Dia de Descanso



FR. JOMI JOSEPH
Parochial Vicar
frjoseph@stanthonydsm.org
Day off Friday
Viernes Dia de Descanso

REV. MR. JUAN BUSTAMANTE, Deacon
jbustamante@dmdiocese.org

REV. MR. FRANK LOPEZ, Deacon
flopez@dmdiocese.org

PARISH STAFF/PERSONAL PARROQUIAL

Evan Frederick, Business Manager
efrederick@stanthonydsm.org

Fabiola Duran, Administrative Assistant
parishadmin@stanthonydsm.org

Cynthia Patino, Office Assistant
cpatino@stanthonydsm.org

Diana Balmaceda, First Communion Director
dbalmaceda@stanthonydsm.org

Lizeth Contreras, Confirmation Director
lcontreras@stanthonydsm.org

ST ANTHONY SCHOOL STAFF/ PERSONAL DE ESCUELA

Jane Kinney, School Principal
jkinney@stanthonydsm.org, 515-243-1874

Jodi Safris, Assistant Principal
jsafris@stanthonydsm.org, 515-243-1874

Darcy Swesey, Administrative Assistant
dswesey@stanthonydsm.org, 515-243-1874

TRUSTEES/FIDEICOMISARIOS

Dave Miller, 515-238-7987

Mark Scigliano, 515-865-7857

MINISTRY OPPORTUNITY MINISTERIOS

Learn more about each ministry at StAnthonyDSM.org or call parish office at 515-244-4709

Obtenga más información sobre cada ministerio en StAnthonyDSM.org o llame a la oficina 515-244-4709

Acólitos (Monaguillos): Marco Balmaceda
515-770-5457

Adoración Eucarística: Margarita Murillo
515-707-3444

Altar & Rosary Society: Donice Cariglino
cariglinodj@yahoo.com

Altar Server Ministry: Marco Balmaceda
515-770-5457

Divine Mercy Chaplet Prayer:

Eucharistic Adoration: Coleen Swisher
515-505-0163

Finance Council Chair: Scott Tursi

Grotto Chairperson: David Miller
515-238-7987

Grupo de Oración:

Homebound: Deacon Frank Lopez
flopez@dmdiocese.org

Knights of Columbus, Grand Knight: Miguel Lozano
515-783-0508 mcmiguelchaves10@gmail.com

Men's Prayer Group: William Konkol
wakonkol@gmail.com

Ministerio de San Andrés: Hilda Ramos
ministeriosanadres18@gmail.com

Online Rosary: Michelle Bastian
515-669-7438 mlbastian@msn.com and
Candace Johnson at

515-402-7003 Cmjohnson18@hotmail.com

Proclamadores de la Palabra: Marco Balmaceda
515-770-5457

Respect Life Ministry: Lana Fogue
lcfogue@gmail.com

School Alumni Committee: Missy (Flaherty)
Himrich himrich1@gmail.com

St. Vincent de Paul Society: Patty Corice
515-556-7783

Music Ministry: Therese Riordan
515-559-4869 riordanotherese@myctl.net

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505 Army Post Rd.
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¿Está cumpliendo 65 años?
¿Usted está jubilado o discapacitado?
Estoy aquí para ayudarle a comprender sus opciones de seguro médico.
Armidia Gonzalez
Agente de Ventas
515-380-6904

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