



ST. ANTHONY

15 Indianola Rd. Des Moines, IA 50315

515.244.4709 | www.stanthonydsm.org

May 3, 2026 | 3 de Mayo del 2026

MASS SCHEDULE

Weekday Mass

Mon - Fri | 8:30am

Wed | 6:00pm

Tues & Thurs | 6:00pm- Spanish

Weekend Mass

Sat | 4:00pm- Vigil

Sun | 7:00am, 10:00am, 11:30am- English

8:30am, 1:00pm- Spanish

Confession

Sat | 9:00am

Tues & Thurs | 5:00- 5:50pm

Also available by appointment

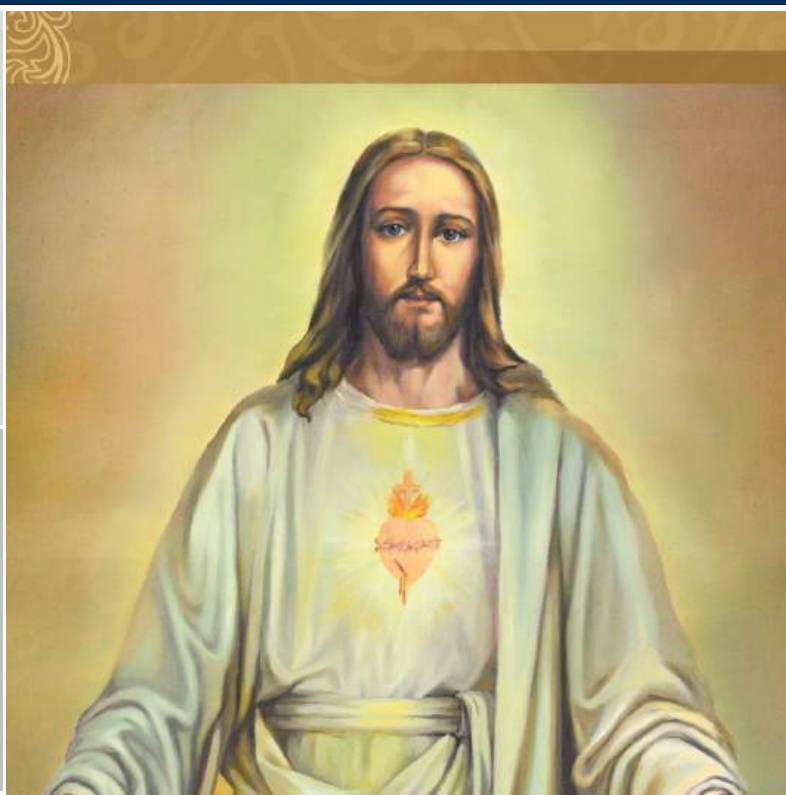
Eucharistic Adoration

Mon - Fri | 9:00am-6:00pm

Located in the Adoration Chapel

Caring for the Sick or Confined

Please contact the parish office to receive Holy Communion, Anointing of the Sick, or simply a visit at the place of care. We depend on family and parishioners to inform us when someone is hospitalized or homebound.



5TH SUNDAY OF EASTER

"Do not let your hearts be troubled. You have faith in God; have faith also in me." John 14:1

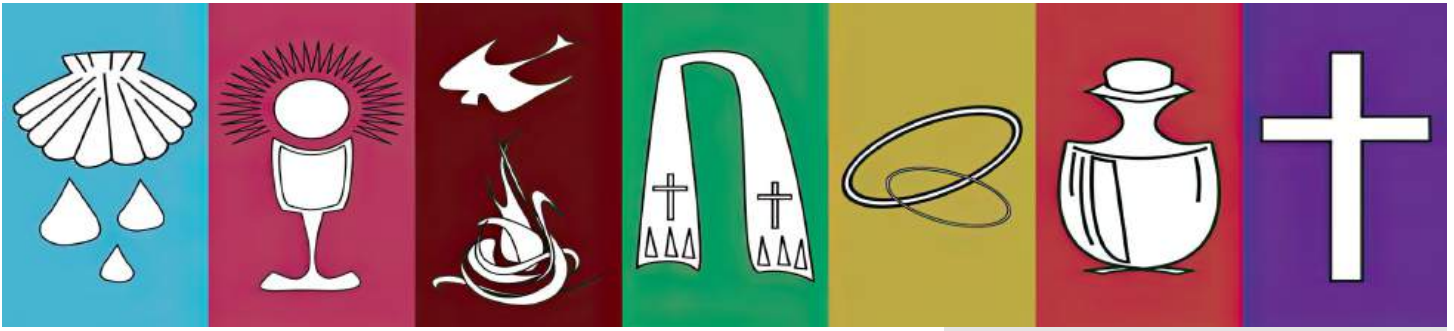
"No se angustien. Confíen en Dios y confíen también en mí".
Juan 14,1

Welcome | Bienvenidos!

If you would like to join the parish or if you are not Catholic and would like to learn about the Catholic faith, please call the Parish Office or visit our website.

515-244-4709 | www.stanthonydsm.org

Si desea inscribirse a la parroquia o si usted no es Católico y le gustaría aprender acerca de la fe Católica, por favor llame a la Oficina Parroquial o visite nuestro sitio web.



**Parish Prayer Basket
Canasta de Oración Parroquial**

**Mass Intentions
Intenciones**

We have a **Parish Prayer Basket** at the back of the church. Next to the basket are cards that you can write names of the sick and the deceased members of our families and place them in the Prayer Basket. At weekend Masses, the basket will be brought forward during the Offertory and placed at the foot of the altar, entrusting every intention to the Lord. During the week, the basket will be in the Adoration Chapel so others can pray for your intentions. As one family in Christ, we lift and care for each other, and one of the greatest gifts we can give is the gift of prayer.

- Saturday, May 2**
 8:30am | Immaculate and Sorrowful Heart of Mary
 4:00pm | Living & Deceased Members of Nancy Chiodo Family
- Sunday, May 3**
 7:00am | +
 8:30am | Josefina Prado & Daniel Robles Birthday
 10:00am | All Living & Deceased Members of Altar & Rosary
 11:30am | + Socorro Medina
 1:00pm | Por las Almas del Pulgatorio Especialmente por la Familia Ceballos y Briceño
- Monday, May 4**
 8:30am | + Zachary Palmer
- Tuesday, May 5**
 8:30am | + Ann Constanzo
 6:00pm | +
- Wednesday, May 6**
 8:30am | + Larry Konkol
 6:00pm | +
- Thursday, May 7**
 8:30am | + Maria Eva Covarrubias
 6:00pm | +
- Friday, May 8**
 8:30am | +
- Saturday, May 9**
 8:30am | + Michael Guthrie
 4:00pm | + Giuseppe Leo
- Next Sunday, May 10**
 7:00am | + John "Baby John" Scaglione
 8:30am | + Arcadio Jurado, Jorge Luis Jurado & Andrea Gomez
 10:00am | + Alfonso Cariglino
 11:30am | + Mary Lamotta
 1:00pm | +

*Tenemos una **Canasta de Oración Parroquial** en la parte trasera de la iglesia. Junto a la canasta se encuentran tarjetas en las que podrán escribir los nombres de sus enfermos y difuntos y colocarlas en la Canasta de Oración. En las Misas del fin de semana, la canasta se llevará al frente durante el Ofertorio y se colocará al pie del altar, confiando cada intención al Señor. Durante la semana, la canasta estará en la Capilla de Adoración para que otros puedan rezar por sus intenciones. Como una familia en Cristo, nos levantamos y cuidamos unos a otros, y uno de los mayores regalos que podemos dar es el regalo de la oración.*





Beloved brothers and sisters,

In today's Gospel, we hear words that have comforted generations of believers:

"Do not let your hearts be troubled. You have faith in God; have faith also in me."

These words were not spoken in a moment of ease. They were spoken on the eve of uncertainty, when the disciples sensed that everything familiar was about to change. Fear, confusion, and grief were already stirring in their hearts. And it is precisely into that moment that Jesus speaks peace.

"Do not let your hearts be troubled."

Notice that Jesus does not deny that trouble exists. He does not say, "There is nothing to worry about." Instead, He invites us to respond differently—to anchor ourselves not in circumstances, but in faith.

We know what it is like to have troubled hearts. We carry concerns about our families, our health, our future, our world. We face moments when the path ahead is unclear, when prayers seem unanswered, when hope feels distant.

And yet, Jesus meets us there—not with explanations, but with a relationship.

"You have faith in God; have faith also in me."

Faith, in this sense, is not simply believing that something will work out the way we want. It is trusting that we are not alone. It is believing that Christ walks with us through uncertainty, that He prepares a place for us even when we cannot yet see it, and that His love is stronger than anything that troubles us.

Easter reminds us that the worst thing is never the last thing. The resurrection tells us that even in the face of loss, confusion, and fear, God is at work bringing new life.

So how do we live this message?

We begin by bringing our troubled hearts honestly before God. Not hiding them, not pretending, but offering them in prayer. Then, we choose—again and again—to trust. Not because we feel certain, but because Christ is faithful.

And finally, we become bearers of that same peace to others. In a world filled with anxiety, we are called to be people who reflect calm, hope, and steady trust—not because we have all the answers, but because we know the One who does.

Today, whatever is weighing on your heart, hear these words as spoken personally to you:

Do not let your heart be troubled.

Trust in God. Trust also in Christ.

He is with you. He is for you. And He is leading you toward life.

-Fr. Michael



Queridos hermanos y hermanas:

En el Evangelio de hoy escuchamos palabras que han consolado a generaciones de creyentes:

“No se turbe su corazón. Creen en Dios; crean también en mí.”

Estas palabras no fueron dichas en un momento de tranquilidad. Fueron pronunciadas en la víspera de la incertidumbre, cuando los discípulos sentían que todo lo familiar estaba a punto de cambiar. El miedo, la confusión y el dolor ya comenzaban a surgir en sus corazones. Y es precisamente en ese momento cuando Jesús habla de paz.

“No se turbe su corazón.”

Notemos que Jesús no niega que existan las dificultades. No dice: “No hay nada de qué preocuparse.” Más bien, nos invita a responder de una manera diferente: a apoyarnos no en las circunstancias, sino en la fe.

Sabemos lo que es tener el corazón inquieto. Llevamos preocupaciones por nuestras familias, nuestra salud, nuestro futuro y nuestro mundo. Enfrentamos momentos en los que el camino no está claro, cuando las oraciones parecen no tener respuesta y la esperanza se siente lejana.

Y sin embargo, Jesús nos encuentra ahí, no con explicaciones, sino con una relación.

“Crean en Dios; crean también en mí.”

La fe, en este sentido, no es simplemente creer que todo saldrá como queremos. Es confiar en que no estamos solos. Es creer que Cristo camina con nosotros en medio de la incertidumbre, que Él prepara un lugar para nosotros aun cuando todavía no podamos verlo, y que su amor es más fuerte que cualquier cosa que nos inquiete.

La Pascua nos recuerda que lo peor nunca es lo último. La resurrección nos enseña que incluso frente a la pérdida, la confusión y el miedo, Dios está obrando para traer vida nueva.

Entonces, ¿cómo vivimos este mensaje?

Comenzamos llevando nuestros corazones inquietos con sinceridad ante Dios. Sin esconderlos, sin fingir, sino presentándolos en oración. Luego, elegimos —una y otra vez— confiar. No porque nos sintamos seguros, sino porque Cristo es fiel.

Y finalmente, nos convertimos en portadores de esa misma paz para los demás. En un mundo lleno de ansiedad, estamos llamados a ser personas que reflejen calma, esperanza y una confianza firme, no porque tengamos todas las respuestas, sino porque conocemos a Aquel que sí las tiene.

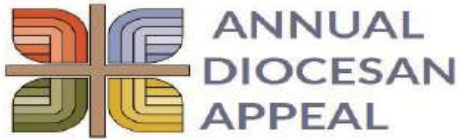
Hoy, cualquiera que sea la carga que llevas en tu corazón, escucha estas palabras como dirigidas personalmente a ti:

No se turbe tu corazón.

Confía en Dios. Confía también en Cristo.

Él está contigo. Él está a tu favor. Y Él te guía hacia la vida.

– *P. Michael*



The ADA provides more than ⅓ of the funding needed to support the parishes in the Diocese of Des Moines. Your gift makes a difference!



Scan the QR code or visit
DMDIOCESE.ORG/GIVING

The Annual Diocesan Appeal (ADA) is underway throughout the Diocese of Des Moines. Through the ADA we support the ministries and services in our Diocese which directly benefit us and our parish.

Every gift, of all sizes, is vital to the success of our Appeal this year. The ADA helps us welcome people into communion, prepare disciples for the domestic church, draw our young people deeper into their faith and cultivate a culture of servant leadership.

Last year we had 300 households participate in the ADA, this year we have a goal of 600 households to achieve our financial assessment (or goal) of \$176,000 dollars.

A contribution of any size sustains nineteen different diocesan ministries and programs that provide support and resources to parishes.

Please use the QR code found on the back of the pew, or commitment cards located also in the pews to give your gift to the Diocese.

St. Anthony needs your help in meeting our parish's ADA goal and sustaining the Catholic Church in southwest Iowa. Please remember, once we meet our goal of \$176,000 our parish will receive any additional gifts back for our local needs.

We ask that every one of our parishioners (and friends) pray for the success of the 2026 Appeal and consider making a gift.

Each prayer and every gift, of any amount, is vital to the success of the Appeal. Thank you for your generosity and kindness!



La ADA provee más de ⅓ del financiamiento necesario para apoyar a las parroquias en la Diócesis de Des Moines.
¡Tu donación hace la diferencia!



Escanea el código QR o visita
DMDIOCESE.ORG/GIVING

La Campaña Diocesana Anual (ADA) ya está en marcha en toda la Diócesis de Des Moines. A través de la ADA apoyamos los ministerios y servicios de nuestra diócesis que nos benefician directamente a nosotros y a nuestra parroquia.

Cada donativo, sin importar su tamaño, es esencial para el éxito de esta campaña. La ADA nos ayuda a acoger a las personas en la comunión, formar discípulos para la iglesia doméstica, guiar a nuestros jóvenes a profundizar en su fe y fomentar una cultura de liderazgo al servicio de los demás.

El año pasado participaron 300 familias en la ADA; este año tenemos la meta de 600 familias para alcanzar nuestro objetivo financiero de \$176,000.

Una contribución de cualquier cantidad apoya diecinueve ministerios y programas diocesanos que brindan apoyo y recursos a las parroquias.

Por favor, utilice el código QR que se encuentra en la parte posterior de la banca o las tarjetas de compromiso ubicadas también en las bancas para hacer su donativo a la diócesis.

St. Anthony necesita su ayuda para alcanzar la meta parroquial de la ADA y sostener a la Iglesia Católica en el suroeste de Iowa. Recuerde que, una vez que alcancemos nuestra meta de \$176,000, nuestra parroquia recibirá cualquier donación adicional para cubrir nuestras necesidades locales.

Pedimos a todos nuestros feligreses (y amigos) que oren por el éxito de la campaña 2026 y consideren hacer una contribución.

Cada oración y cada donativo, de cualquier cantidad, es fundamental para el éxito de la campaña. ¡Gracias por su generosidad y bondad!

"ADORERS NEEDED"

Are you seeking deeper spiritual connection with Jesus? Spend time in Eucharistic Adoration. Our parish needs additional Individuals to silently pray and meditate before the consecrated host exposed in a monstrance. It is helpful if you could commit to the same time each week.

What Adorers Do:

- Pray & Contemplate: Spend quiet time in prayer, reading scripture, or simply being in God's presence.
- Maintain Silence: Keep the chapel quiet and reverent, turning off phones and avoiding chatter.
- Show Respect: Act with reverence, genuflecting when entering/leaving.

Why Adore the Eucharist?

- To deepen your relationship with Jesus.
- To experience the calming, refreshing presence of Christ.
- To offer prayer for the Church, the world, and personal needs.

So, if you're looking for a profound prayer experience, make a New Year's resolution to come and adore Jesus in the Eucharist. For more information contact the Parish Office.

Holy Communion to a Loved One

To request a Homebound Minister to bring Communion to your loved one please email **Deacon Frank Lopez** at Flopez@dmdiocese.org or call the Parish Office 515-244-4709.

Sagrada Communion a un Ser Querido

Para solicitar que un Ministro lleve la communion a su ser amado favor de mandar correo electronico al **Diacono Frank Lopez** a Flopez@dmdiocese.org o llame a la Oficina Parroquial.



Altar & Rosary Monthly Mass will be **June 7th at 10:00am.**

The Mass Intention will be for All Living & Deceased Members of the Altar & Rosary Society.

Meeting every **First Thursday** of the Month
6:15pm-8:00pm
@Lower Church

Online Rosary Committee



We are looking for volunteers to lead the online Rosary. We have been praying as a community for over three years and would love to have you join us. Training is available if necessary.

For more details contact Michelle Bastian or Candace Johnson. Contact information is in the bulletin.

Pre-Baptismal Class
Platica Pre-Bautismal



To register please contact the Parish Office.
Para registrarse favor de llamar a la Oficina Parroquial.
515-244-4709.



St. Anthony Respect Life Ministry
is Hosting a Baby Shower after Masses on
May 9th and 10th



Items Needed:

Diapers, Wipes, Diaper Cream

Diaper Bags

New Pack & Plays

Maternity Clothes (New/Gently Used - All sizes)

Baby Clothing (New/Gently Used - Sizes Newborn to 2T)

Baby Shampoo & Lotion

Crib Sheets & Blankets

Toys for Children up to 2 Years

All Donations will be given to Mary's Helping Hands, which provides hope, love, and support for expecting mothers who may need a helping hand with basic needs for their child's first 2 years of life.

Please take donated items to the Elevator Foyer.
Thank you and God bless you for your generosity!!!

Celebrate Life!!!

**“Motherhood:
Where all love
begins and ends.”**

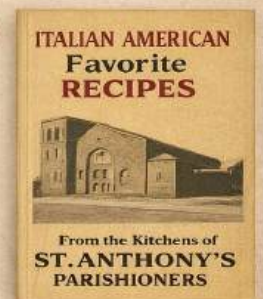
Robert Browning

**THE BELOVED 1974
ST. ANTHONY PARISH
COOKBOOK IS BACK!**

A treasured piece of St. Anthony history
has returned!

Reprinted and ready to bring the flavors
of tradition back to your kitchen.

**Saint Anthony's
ITALIAN
COOKBOOK**
(1974 Edition)



Price: \$30



Proceeds Benefit:
St. Anthony Alumni



Payment Options: Cash or Check
(made out to St. Anthony Alumni)

Contact the Parish Office to get
your copy before they are gone!



El Ministerio Respeto a la Vida de San Antonio está organizando un Baby Shower después de las Misas los días 9 y 10 de mayo.



Artículos Necesarios:

- Pañales
- Toallitas Húmedas
- Crema para Pañal
- Bolsas para Pañales
- Paquetes Nuevos de Ropa y Juguetes
- Champú y Loción para Bebé
- Sábanas de Cuna y Cobijas
- Juguetes para Niños hasta 2 Años

Se aceptan Ropa Maternal (Nueva o en Buen Estado - Todas las Tallas)
Ropa para Bebé (Nueva o en Buen Estado - Tallas Recién Nacido a 2T)

Todas las donaciones serán entregadas a Mary's Helping Hands, que brinda esperanza, amor y apoyo a las madres embarazadas que puedan necesitar una mano amiga con las necesidades básicas para sus hijos durante sus primeros 2 años de vida.

Favor de llevar los artículos donados al Vestíbulo del Ascensor.

¡Gracias y que Dios los bendiga por su generosidad!

¡Celebra la Vida!!!

“La maternidad:
donde todo amor
comienza y nunca termina.”

Robert Browning

¡Guarda la fecha!

Taller: Mujeres de la Biblia

¿Te gustaría conocer más acerca de las mujeres en el Antiguo y Nuevo Testamento?
¡Acompáñanos en este hermoso estudio!

sesiones:

- Mayo 9
- Mayo 16
- Mayo 23
- Mayo 30

🕒 Horario: 9:30 AM – 11:30 AM
📍 Lugar: Cafetería de la Escuela de St Anthony

♥️ **¡Te esperamos!**



ENROLLMENT NOW OPEN!

Preschool 3-year-olds through 8th Grade for the 2026-2027 school year!

For more information or just to schedule a tour please go to the school website or call the school office.

Scan the QR code or call today!

In Need of Substitute Teachers

- Anyone with **60 or more college credits** may get sub authorization
- Looking for anyone 18 years or older to **substitute classroom associates** to help assist teachers.
- If interested in the substitute position, please send a resume to **jkinney@stanthonydsm.org**

2026-2027 Tuition Assistance: Use CTO & DTA First

The application period for Catholic Tuition Organization (CTO) and Diocesan Tuition Assistance (DTA) **opens March 31** for all 2026-2027 students, even those with ESAs. Use CTO & DTA first and save more ESA money for high school.

More than \$2.7 million in grants are available. View eligibility guidelines at www.CTOiowa.org. **Apply by May 5.**

Call the CTO Office at 515-237-5010 for more information.

JOB OPENINGS IN THE DIOCESE

Featured Job Openings: ELA, Music, Science, Elementary Teachers
 Our Catholic schools are still hiring across the diocese. There are open positions in elementary, middle, and high schools in Council Bluffs, Des Moines, Perry, and West Des Moines. New graduates are encouraged to apply! Our teachers get the opportunity to live out their faith every day. If you know a teacher who may be interested, please share this message! **Job openings can be found on TeachIowa.**

For the complete list of open positions and to contact us, interested candidates should visit dmdiocese.org/school-careers.

INTERESTED IN WORKING FOR CATHOLIC SCHOOLS?



SEE OPEN POSITIONS
SCAN HERE



Events & Ministries



MINISTRIES

ALTAR & ROSARY SOCIETY

First Thursday of the month
6:15pm

GRUPO DE ORACIÓN

Viernes, excepto el 1^{er} Viernes
7:00pm

KNIGHTS OF COLUMBUS

Second Tuesday of the month
7:00pm

MEN'S PRAYER GROUP

Every Thursday
7:00pm

RESPECT LIFE MINISTRY

First Tuesday of the month
6:00pm

SAINT VINCENT DE PAUL

Second Monday of the month
6:30pm

ADORACIÓN AL SANTÍSIMO

1^{er} Viernes del mes
7pm en la parroquia

ADORATION

Monday-Friday
9:00am-6:00pm

Adoration Chapel

ROSARY

Monday-Saturday
5:30pm

Sunday | 3:00pm

Join us in the parish
or online

CONFESSIONS

Saturday | 9am

Tues & Thurs
5-5:50pm

Or by appointment,
call the parish office



The Des Moines Community of the Fraternity of Communion and Liberation will offer a gathering on **Saturday June 6**. The first part will be there sessions from 11:00AM to 3:30PM at the Diocesan Pastor Center, Mass with the Cathedral parish at 4:00PM, then a classical piano concert at the Cathedral at 7:00PM. This is a day for anyone who takes their life seriously and hungers for something more. For our planning purposes, please tell us if you can come. It is free and open to all. For more information go to www.thedesmoinesmeeting.com

CLERGY/CLERO



FR. MICHAEL AMADEO
Pastor
framadeo@stanthonysm.org
Day off Monday
Lunes Dia de Descanso



FR. LITTO THOMAS
Parochial Vicar
lthomas@stanthonysm.org
Day off Monday
Lunes Dia de Descanso



FR. JOMI JOSEPH
Parochial Vicar
frjoseph@stanthonysm.org
Day off Friday
Viernes Dia de Descanso

REV. MR. JUAN BUSTAMANTE, Deacon
jbustamante@dmdiocese.org

REV. MR. FRANK LOPEZ, Deacon
flopez@dmdiocese.org

PARISH STAFF/PERSONAL PARROQUIAL

Evan Frederick, Business Manager
efrederick@stanthonysm.org

Fabiola Duran, Administrative Assistant
parishadmin@stanthonysm.org

Cynthia Patino, Office Assistant
cpatino@stanthonysm.org

Diana Balmaceda, First Communion Director
dbalmaceda@stanthonysm.org

Lizeth Contreras, Confirmation Director
lcontreras@stanthonysm.org

ST ANTHONY SCHOOL STAFF/ PERSONAL DE ESCUELA

Jane Kinney, School Principal
jkinney@stanthonysm.org, 515-243-1874

Jodi Safris, Assistant Principal
jsafris@stanthonysm.org, 515-243-1874

Darcy Swesey, Administrative Assistant
dswesey@stanthonysm.org, 515-243-1874

TRUSTEES/FIDEICOMISARIOS

Dave Miller, 515-238-7987

Mark Scigliano, 515-865-7857

MINISTRY OPPORTUNITY MINISTERIOS

Learn more about each ministry at StAnthonyDSM.org or call parish office at 515-244-4709

Obtenga más información sobre cada ministerio en StAnthonyDSM.org o llame a la oficina 515-244-4709

Acólitos (Monaguillos): Marco Balmaceda
515-770-5457

Adoración Eucarística: Margarita Murillo
515-707-3444

Altar & Rosary Society: Donice Cariglino
cariglinodj@yahoo.com

Altar Server Ministry: Marco Balmaceda
515-770-5457

Divine Mercy Chaplet Prayer:

Eucharistic Adoration: Jo Corigliano
515-419-1800

Finance Council Chair: Scott Tursi

Grotto Chairperson: David Miller
515-238-7987

Grupo de Oración:

Homebound: Deacon Frank Lopez
flopez@dmdiocese.org

Music Ministry: Therese Riordan
515-559-4869 riordantherese@myctl.net

Knights of Columbus, Grand Knight: Miguel Lozano
515-783-0508 mcmiguelchaves10@gmail.com

Men's Prayer Group: William Konkol
wakonkol@gmail.com

Ministerio de San Andrés: Hilda Ramos
ministeriosanadres18@gmail.com

Online Rosary: Michelle Bastian
515-669-7438 mlbastian@msn.com and
Candace Johnson at

515-402-7003 Cmjohnson18@hotmail.com

Proclamadores de la Palabra: Marco Balmaceda
515-770-5457

Respect Life Ministry: Lana Fogue
lcfogue@gmail.com

School Alumni Committee: Missy (Flaherty)
Himrich himrich1@gmail.com

St. Vincent de Paul Society: Patty Corice
515-556-7783