



ST ANTHONY

15 Indianola Rd. Des Moines, IA 50315

515.244.4709 | www.stanthonydsm.org

May 31, 2026 | 31 de Mayo del 2026

MASS SCHEDULE

Weekday Mass

Mon - Sat | 8:30am

Wed | 6:00pm

Tues & Thurs | 6:00pm- Spanish

Weekend Mass

Sat | 4:00pm- Vigil

Sun | 7:00am, 10:00am, 11:30am- English

Sun | 8:30am, 1:00pm- Spanish

Confession

Sat | 9:00am

Tues & Thurs | 5:00- 5:50pm

Also available by appointment

Eucharistic Adoration

Mon - Fri | 9:00am-6:00pm

Located in the Adoration Chapel

Caring for the Sick or Confined

Please contact the Parish Office to receive Holy Communion, Anointing of the Sick, or simply a visit at the place of care. We depend on family and parishioners to inform us when someone is hospitalized or homebound.

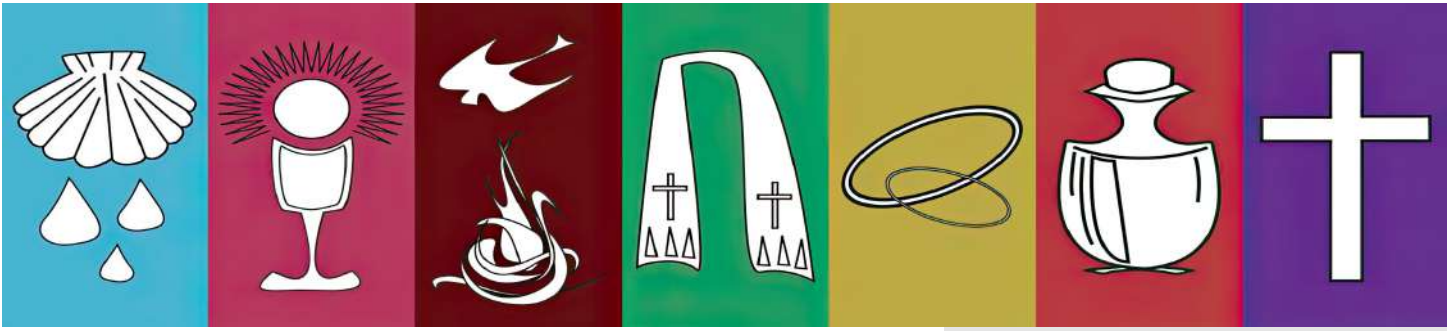


Welcome | Bienvenidos!

If you would like to join the parish or if you are not Catholic and would like to learn about the Catholic faith, please call the Parish Office or visit our website.

515-244-4709 | www.stanthonydsm.org

Si desea inscribirse a la parroquia o si usted no es Católico y le gustaría aprender acerca de la fe Católica, por favor llame a la Oficina Parroquial o visite nuestro sitio web.



**Parish Prayer Basket
Canasta de Oración Parroquial**

**Mass Intentions
Intenciones**

We have a **Parish Prayer Basket** at the back of the church. Next to the basket are cards that you can write names of the sick and the deceased members of our families and place them in the Prayer Basket. At weekend Masses, the basket will be brought forward during the Offertory and placed at the foot of the altar, entrusting every intention to the Lord. During the week, the basket will be in the Adoration Chapel so others can pray for your intentions. As one family in Christ, we lift and care for each other, and one of the greatest gifts we can give is the gift of prayer.

Saturday, May 30
8:30am | +
4:00pm | +
Sunday, May 31
7:00am | +
8:30am | + Maria Isabel Vargas Rivera
10:00am | + Frank E Scaglione
11:30am | + Thomas Bordenaro
1:00pm | + Alfredo Soto

Monday, June 1
8:30am | + Hejkal and Perez Families

Tuesday, June 2
8:30am | +
6:00pm | +

Wednesday, June 3
8:30am | + Mary Jo Buhl
6:00pm | + Miton Martinez Jr

Thursday, June 4
8:30am | + Maria Eva Covarrubias
6:00pm | +

Friday, June 5
8:30am | +

Saturday, June 6
8:30am | + Giuseppe Leo
4:00pm | Living and Deceased Members of Nancy Chiodo

Next Sunday, June 7
7:00am | + Christian Palmgren
8:30am | + Santiago Roman
10:00am | Living and Deceased Members of Altar & Rosary Society
11:30am | Respect Life
1:00pm | No 1pm Mass

*Tenemos una **Canasta de Oración Parroquial** en la parte trasera de la iglesia. Junto a la canasta se encuentran tarjetas en las que podrán escribir los nombres de sus enfermos y difuntos y colocarlas en la Canasta de Oración. En las Misas del fin de semana, la canasta se llevará al frente durante el Ofertorio y se colocará al pie del altar, confiando cada intención al Señor. Durante la semana, la canasta estará en la Capilla de Adoración para que otros puedan rezar por sus intenciones. Como una familia en Cristo, nos levantamos y cuidamos unos a otros, y uno de los mayores regalos que podemos dar es el regalo de la oración.*





Dear friends,

As we celebrate the Solemnity of the Most Holy Trinity this Sunday, we are reminded that the very life of God is a communion of love — Father, Son, and Holy Spirit. Through Baptism, we are invited into that divine relationship and called to live in unity, charity, and faith.

One of the greatest gifts Christ has given to His Church is the Holy Eucharist, where He remains truly present among us. In Eucharistic Adoration, we have the opportunity to spend quiet time with Our Lord, opening our hearts to His grace, mercy, and peace. I encourage every parishioner to make time for Adoration, whether for a few moments or a holy hour each week. In the stillness before the Blessed Sacrament, Jesus speaks to our hearts and strengthens us for our daily lives.

Our parish Adoration chapel is open from 9:00am to 6:00pm Monday through Friday. This weekend and next we are having a sign-up for those interested in committing to spending one hour a week in Adoration before the Blessed Sacrament. I encourage every parishioner and family to make time regularly for Adoration. Let us fill the Adoration chapel with our presence as we bring our joys, burdens, questions, and hopes to the Lord.

Next Sunday, we will celebrate the Solemnity of Corpus Christi, the Body and Blood of Christ. Weather permitting, we will have the 11:30am Mass at the Grotto. Following Mass, our parish will take part in a Eucharistic procession throughout the neighborhood as a public witness of our faith in the Real Presence of Jesus in the Eucharist. Stay after the procession for a great banquet of food, drink, and companionship.

This beautiful tradition reminds us that Christ walks with His people and desires to bless our homes, our community, and our world.

I warmly invite all parishioners and families to participate in this special celebration. Let us come together in prayer, reverence, and thanksgiving for the incredible gift of the Holy Eucharist.

May the Most Holy Trinity guide and bless you always.

Peace, strength, and courage,

A handwritten signature in blue ink that reads "Fr. Michael S." with a stylized flourish at the end.



Queridos amigos:

Al celebrar este domingo la Solemnidad de la Santísima Trinidad, se nos recuerda que la misma vida de Dios es una comunión de amor: Padre, Hijo y Espíritu Santo. Por medio del Bautismo, somos invitados a entrar en esa relación divina y llamados a vivir en unidad, caridad y fe.

Uno de los regalos más grandes que Cristo le ha dado a Su Iglesia es la Sagrada Eucaristía, donde Él permanece verdaderamente presente entre nosotros. En la Adoración Eucarística, tenemos la oportunidad de pasar un tiempo en silencio con Nuestro Señor, abriendo nuestros corazones a Su gracia, misericordia y paz. Animo a cada feligrés a dedicar tiempo para la Adoración, aunque sea por unos momentos o una hora santa cada semana. En el silencio ante el Santísimo Sacramento, Jesús habla a nuestros corazones y nos fortalece para nuestra vida diaria.

La capilla de Adoración de nuestra parroquia está abierta de lunes a viernes de 9:00am a 6:00pm. Este fin de semana y el próximo estaremos haciendo inscripciones para quienes deseen comprometerse a pasar una hora a la semana en Adoración ante el Santísimo Sacramento. Animo a cada feligrés y a cada familia a hacer tiempo regularmente para la Adoración. Llenemos la capilla de Adoración con nuestra presencia mientras llevamos ante el Señor nuestras alegrías, cargas, preguntas y esperanzas.

El próximo domingo celebraremos la Solemnidad de Corpus Christi, el Cuerpo y la Sangre de Cristo. Si el clima lo permite, tendremos la Misa de las 11:30am en la Gruta. Después de la Misa, nuestra parroquia participará en una procesión eucarística por el vecindario como testimonio público de nuestra fe en la Presencia Real de Jesús en la Eucaristía. Quédense después de la procesión para disfrutar de un gran banquete de comida, bebida y convivencia.

Esta hermosa tradición nos recuerda que Cristo camina con Su pueblo y desea bendecir nuestros hogares, nuestra comunidad y nuestro mundo.

Invito cordialmente a todos los feligreses y familias a participar en esta celebración tan especial. Unámonos en oración, reverencia y agradecimiento por el increíble regalo de la Sagrada Eucaristía.

Que la Santísima Trinidad los guíe y bendiga siempre.

Paz, fortaleza y valentía,



The ADA provides more than ⅓ of the funding needed to support the parishes in the Diocese of Des Moines . Your gift makes a difference !



Scan the QR code or visit DMDIOCESE.ORG/GIVING



La ADA provee más de ⅓ del financiamiento necesario para apoyar a las parroquias en la Diócesis de Des Moines. ¡Tu donación hace la diferencia !



Escanea el código QR o visita DMDIOCESE.ORG/GIVING

The Annual Diocesan Appeal (ADA) is underway throughout the Diocese of Des Moines. Through the ADA we support the ministries and services in our Diocese which directly benefit us and our parish.

Every gift, of all sizes, is vital to the success of our Appeal this year. The ADA helps us welcome people into communion, prepare disciples for the domestic church, draw our young people deeper into their faith and cultivate a culture of servant leadership.

Last year we had 300 households participate in the ADA, this year we have a goal of 600 households to achieve our financial assessment (or goal) of \$176,000 dollars.

A contribution of any size sustains nineteen different diocesan ministries and programs that provide support and resources to parishes.

Please use the QR code found on the back of the pew, or commitment cards located also in the pews to give your gift to the Diocese.

St. Anthony needs your help in meeting our parish's ADA goal and sustaining the Catholic Church in southwest Iowa. Please remember, once we meet our goal of \$176,000 our parish will receive any additional gifts back for our local needs.

We ask that every one of our parishioners (and friends) pray for the success of the 2026 Appeal and consider making a gift.

Each prayer and every gift, of any amount, is vital to the success of the Appeal. Thank you for your generosity and kindness!

La Campaña Diocesana Anual (ADA) ya está en marcha en toda la Diócesis de Des Moines. A través de la ADA apoyamos los ministerios y servicios de nuestra diócesis que nos benefician directamente a nosotros y a nuestra parroquia.

Cada donativo, sin importar su tamaño, es esencial para el éxito de esta campaña. La ADA nos ayuda a acoger a las personas en la comunión, formar discípulos para la iglesia doméstica, guiar a nuestros jóvenes a profundizar en su fe y fomentar una cultura de liderazgo al servicio de los demás.

El año pasado participaron 300 familias en la ADA; este año tenemos la meta de 600 familias para alcanzar nuestro objetivo financiero de \$176,000.

Una contribución de cualquier cantidad apoya diecinueve ministerios y programas diocesanos que brindan apoyo y recursos a las parroquias.

Por favor, utilice el código QR que se encuentra en la parte posterior de la banca o las tarjetas de compromiso ubicadas también en las bancas para hacer su donativo a la diócesis.

St. Anthony necesita su ayuda para alcanzar la meta parroquial de la ADA y sostener a la Iglesia Católica en el suroeste de Iowa. Recuerde que, una vez que alcancemos nuestra meta de \$176,000, nuestra parroquia recibirá cualquier donación adicional para cubrir nuestras necesidades locales.

Pedimos a todos nuestros feligreses (y amigos) que oren por el éxito de la campaña 2026 y consideren hacer una contribución.

Cada oración y cada donativo, de cualquier cantidad, es fundamental para el éxito de la campaña. ¡Gracias por su generosidad y bondad!

"ADORERS NEEDED"

Are you seeking deeper spiritual connection with Jesus? Spend time in Eucharistic Adoration. Our parish needs additional Individuals to silently pray and meditate before the consecrated host exposed in a monstrance. It is helpful if you could commit to the same time each week.

What Adorers Do:

- Pray & Contemplate: Spend quiet time in prayer, reading scripture, or simply being in God's presence.
- Maintain Silence: Keep the chapel quiet and reverent, turning off phones and avoiding chatter.
- Show Respect: Act with reverence, genuflecting when entering/leaving.

Why Adore the Eucharist?

- To deepen your relationship with Jesus.
- To experience the calming, refreshing presence of Christ.
- To offer prayer for the Church, the world, and personal needs.

So, if you're looking for a profound prayer experience, make a New Year's resolution to come and adore Jesus in the Eucharist. For more information contact the Parish Office.

Holy Communion to a Loved One

To request a Homebound Minister to bring Communion to your loved one please email **Deacon Frank Lopez** at Flopez@dmdiocese.org or call the Parish Office 515-244-4709.

Sagrada Communion a un Ser Querido

Para solicitar que un Ministro lleve la communion a su ser amado favor de mandar correo electronico al **Diacono Frank Lopez** a Flopez@dmdiocese.org o llame a la Oficina Parroquial.



Altar & Rosary Monthly Mass will be **June 7th at 10:00am.**
The Mass Intention will be for All Living & Deceased Members of the Altar & Rosary Society.

Meeting every **First Thursday** of the Month
6:15pm-8:00pm
@Lower Church

Online Rosary Committee



We are looking for volunteers to lead the online Rosary. We have been praying as a community for over three years and would love to have you join us. Training is available if necessary.

For more details contact Michelle Bastian or Candace Johnson. Contact information is in the bulletin.

Pre-Baptismal Class
Platica Pre-Bautismal



To register please contact the Parish Office.
Para registrarse favor de llamar a la Oficina Parroquial.
515-244-4709.



Most Sacred Heart of Jesus
 Most Sacred Heart Divine
 All Praise and All Thanksgiving
 Be Every Moment Thine

Ways to Dedicate the Month of June to the Sacred Heart of Jesus

- June 3 Pray the Nine Day Novena
- June 5 First Friday Devotion
- June 7 The Feast Of Corpus Christi & The Eucharistic Procession
- June 12 The Solemnity of the Most Sacred Heart of Jesus

Adoration in the Chapel

Mon - Fri 9 AM to 6 PM

Daily Mass

Monday - Saturday 8:30 AM

Wednesday 6:00 PM

Tue & Thurs 6:00 PM (ESPAÑOL)

Novena Prayer Cards & Children Activity Packets
 Available After All Masses May 30 - June 28

Save the Date!

Religious Education & Confirmation REGISTRATIONS

- May 31**
- June 28**
- July 26**
- August 30**

AFTER ALL MASSES IN THE LOWER CHURCH

ANY QUESTIONS CONTACT

- Diana** | dbalmaceda@stanthonydsm.org
- Lizeth** | lcontreras@stanthonydsm.org

CelebrateLife!!!

“There is such a special sweetness in being able to participate in creation.”

Pamela S. Naday



Sagrado Corazón de Jesús
Sagrado Corazón Divino
Toda Alabanza y Acción de Gracias
Sea en Todo Momento Thine

Formas de dedicar el mes de junio al Sagrado Corazón de Jesús

- 3 de junio Rezar la Novena de los Nueve Días
- 5 de junio Devoción del Primer Viernes
- 7 de junio La Fiesta de Corpus Christi y La Procesión Eucarística
- 12 de junio La Solemnidad del Sagrado Corazón de Jesús

Adoración en la Capilla

Lun - Vie 9 AM a 6 PM

Misa Diaria

Lunes - Sábado 8:30 AM

Miércoles 6:00 PM

Martes y Jueves 6:00 PM (ESPAÑOL)

Estampas de la Novena y Paquetes de Actividades para Niños Disponibles Después de Todas las Misas del 30 de Mayo al 28 de Junio

¡Reserva la Fecha!

Inscripciones para Educación Religiosa y Confirmación

INSCRIPCIONES

- 31 de mayo
- 28 de junio
- 26 de julio
- 30 de agosto

DESPUÉS DE TODAS LAS MISAS EN LA IGLESIA INFERIOR

¿Preguntas? Comunícate con:

- Diana | dbalmaceda@stanthonydsm.org
- Lizeth | lcontreras@stanthonydsm.org

¡Celebra la Vida!!!

“Existe una dulzura especial en poder participar en la creación.”

Pamela S. Naday



ENROLLMENT NOW OPEN!

Preschool 3-year-olds through 8th Grade for the 2026-2027 school year!

For more information or just to schedule a tour please go to the school website or call the school office.

Scan the QR code or call today!

In Need of Substitute Teachers

- Anyone with **60 or more college credits** may get sub authorization
- Looking for anyone 18 years or older to **substitute classroom associates** to help assist teachers.
- If interested in the substitute position, please send a resume to **jkinney@stanthonydsm.org**

JOB OPENINGS IN THE DIOCESE

Featured Job Opportunities: St. Anthony

St. Anthony is the only Catholic school in the diocese with *Spanish-immersion and dual-language programs*, creating a vibrant, diverse place to work in the heart of Des Moines. Positions include:

- Middle School Language Arts Teacher
- Middle School Science Teacher
- Middle School Social Studies Teacher
- Preschool Teacher
- 3rd Grade Teacher
- Interventionist

If you or someone you know is interested, please contact: Denise Mulcahy (dmulcahy@dmdiocese.org).

To view all open positions across all 16 schools in our diocese, please visit: dmdiocese.org/careers.

INTERESTED IN WORKING FOR CATHOLIC SCHOOLS?



SEE OPEN POSITIONS
SCAN HERE



Events & Ministries

MINISTRIES

ALTAR & ROSARY SOCIETY

First Thursday of the month
6:15pm

GRUPO DE ORACIÓN

Viernes, excepto el 1^{er} Viernes
7:00pm

KNIGHTS OF COLUMBUS

Second Tuesday of the month
7:00pm

MEN'S PRAYER GROUP

Every Thursday
7:00pm

RESPECT LIFE MINISTRY

First Tuesday of the month
6:00pm

SAINT VINCENT DE PAUL

Second Monday of the month
6:30pm



The Des Moines Community of the Fraternity of Communion and Liberation

will offer a gathering on **Saturday June 6**. The first part will be there sessions from 11:00AM to 3:30PM at the Diocesan Pastoral Center, Mass with the Cathedral parish at 4:00PM, then a classical piano concert at the Cathedral at 7:00PM. This is a day for anyone who takes their life seriously and hungers for something more. For our planning purposes, please tell us if you can come. It is free and open to all. For more information go to

www.thedesmoinesmeeting.com

ADORACIÓN AL SANTÍSIMO

1^{er} Viernes del mes
7pm en la Parroquia

ADORATION

Monday-Friday
9:00am-6:00pm

Adoration Chapel

ROSARY

Monday-Saturday
5:30pm

Sunday | 3:00pm

Join us in the Church
or online

CONFESSIONS

Saturday | 9am

Tues & Thurs
5-5:50pm

Or by appointment,
call the Parish Office

Rachel's Vineyard Weekend Retreat

Do you suffer in silence after having had an abortion?

"I invite those who have doubts to experience this retreat...I encourage you to do it! You will never regret it. You will leave renewed, transformed and healed like we did." -Jenny

Are you experiencing...

- Depression? Nightmares?
- Anxiety or panic attacks?
- Intense Pain, Sadness, Anger?
- Feelings of Shame and Guilt?
- Eating Disorders or Drug Abuse?

You can find healing, forgiveness and freedom. There are many men and women who understand what you are going through. There is confidential, compassionate, and professional help available to you.

You are not alone.

**The next retreat near Omaha will be:
August 21-23, 2026**

Call: Sonja 531-215-3608
www.rachelsvineyard.org
email vinedo.raquel.omaha@gmail.com

CLERGY/CLERO



FR. MICHAEL AMADEO
Pastor
framadeo@stanthonydsm.org
Day off Monday
Lunes Dia de Descanso



FR. LITTO THOMAS
Parochial Vicar
lthomas@stanthonydsm.org
Day off Monday
Lunes Dia de Descanso



FR. JOMI JOSEPH
Parochial Vicar
frjoseph@stanthonydsm.org
Day off Friday
Viernes Dia de Descanso

REV. MR. JUAN BUSTAMANTE, Deacon
jbustamante@dmdiocese.org

REV. MR. FRANK LOPEZ, Deacon
flopez@dmdiocese.org

PARISH STAFF/PERSONAL PARROQUIAL

Evan Frederick, Business Manager
efrederick@stanthonydsm.org

Fabiola Duran, Administrative Assistant
parishadmin@stanthonydsm.org

Cynthia Patino, Office Assistant
cpatino@stanthonydsm.org

Diana Balmaceda, First Communion Director
dbalmaceda@stanthonydsm.org

Lizeth Contreras, Confirmation Director
lcontreras@stanthonydsm.org

ST ANTHONY SCHOOL STAFF/ PERSONAL DE ESCUELA

Jane Kinney, School Principal
jkinney@stanthonydsm.org, 515-243-1874

Jodi Safris, Assistant Principal
jsafris@stanthonydsm.org, 515-243-1874

Darcy Swesey, Administrative Assistant
dswesey@stanthonydsm.org, 515-243-1874

TRUSTEES/FIDEICOMISARIOS

Dave Miller, 515-238-7987

Mark Scigliano, 515-865-7857

MINISTRY OPPORTUNITY MINISTERIOS

Learn more about each ministry at StAnthonyDSM.org or call parish office at 515-244-4709

Obtenga más información sobre cada ministerio en StAnthonyDSM.org o llame a la oficina 515-244-4709

Acólitos (Monaguillos): Marco Balmaceda
515-770-5457

Adoración Eucarística: Margarita Murillo
515-707-3444

Altar & Rosary Society: Donice Cariglino
cariglinodj@yahoo.com

Altar Server Ministry: Marco Balmaceda
515-770-5457

Divine Mercy Chaplet Prayer:

Eucharistic Adoration: Coleen Swisher
515-505-0163

Finance Council Chair: Scott Tursi

Grotto Chairperson: David Miller
515-238-7987

Grupo de Oración:

Homebound: Deacon Frank Lopez
flopez@dmdiocese.org

Knights of Columbus, Grand Knight: Miguel Lozano
515-783-0508 mcmiguelchaves10@gmail.com

Men's Prayer Group: William Konkol
wakonkol@gmail.com

Ministerio de San Andrés: Hilda Ramos
ministeriosanadres18@gmail.com

Online Rosary: Michelle Bastian
515-669-7438 mlbastian@msn.com and
Candace Johnson at

515-402-7003 Cmjohnson18@hotmail.com

Proclamadores de la Palabra: Marco Balmaceda
515-770-5457

Respect Life Ministry: Lana Fogue
lcfogue@gmail.com

School Alumni Committee: Missy (Flaherty)
Himrich himrich1@gmail.com

St. Vincent de Paul Society: Patty Corice
515-556-7783

Music Ministry: Therese Riordan
515-559-4869 riordantherese@myctl.net